



## SESSION I (11:15-12:15)

### **A Bicycle Friendly America, Starting with Your Campus – *The League of American***

***Bicyclists*** The League of American Bicyclists' Bicycle Friendly America (BFA) program can help your community and your school campus become more bike-friendly. Whether you're looking for better places to ride, or support for a student bike club or community bike shop, the BFA program is a tool for you to make that happen. Come see what other schools have done to support bicycling, and learn about how you can use the BFA program to become a bike advocate in your own campus community.

### **Bikes as a Pathway to Empower Women: Susan B. Anthony 2.0 – *Trails for Youth,***

***The Bike Lane & West Town Bikes*** Utilizing several programs currently in place, panelists from youth programs and industry will discuss how they have implemented their girl-specific programs and why. This panel will help to answer questions and showcase the need for girls-only programs. They will provide examples of youth mountain bike programs, earn-a-bike programs, wrenching/career opportunities and racing. The overall theme will be to answer why it's vital that we offer girls-only programming. All combined, this panel will provide tips, tricks, answers and a pathway for attendees to incorporate girls/women specific efforts into their communities.

***Bike Camp with Community Partners – Community Cycling Center*** For the past two years, the Community Cycling Center has run two cohorts of weeklong bike camps with community partners at no cost to participants. This presentation will be about how a successful, multi-year, fee for service program was adapted to become a no-cost camp that fit the needs of community partners and their constituents.

### **Developing Expeditionary Learning by Bike – *El Puente Academy & International***

***High School-US*** Learn about how the bike clubs at El Puente Academy and International High School-US in New York City have developed a training program curriculum to support their effort to ride from NYC to Washington DC for the 2017 Youth Bike Summit.

***Gearin' Up for Biz – Gearin' Up Bicycles*** This youth lead discussion will present a variety of bike related business and career opportunities that all start with bikes and mechanics. We will discuss what is needed to create unique and niche businesses that can turn your bike into money. You will hear from one of Washington DC's youngest bike entrepreneurs about his custom bike building and rental business, A bike messenger, bike shop mechanics, and youth managers. The goal to equip participants with the ideas and tools to become entrepreneurs in their locations by using their bike as a means of business.

### **Growing Advocacy within Youth: The Anderson Family's Quest to Let Kids Ride to Schools – *The Anderson Family & Fairfax Alliance for Better Bicycling***

"Be careful what you ask for" as the adage goes is alive and well. This interactive session will showcase how a family of five had a profound effect on the local school system's inability to embrace bicycling (and walking) to school as just another part of one's day. From simply wanting a place to lock a bike to leading an entire renaissance in bicycling to school will be shared.

## **Leveraging Bicycles to Connect with Communities: A Law Enforcement**

**Perspective – *Black Women Bike & Multi-jurisdictional Bicycle Police*** This panel discussion will explore how law enforcement officers use the bicycle for building bridges between police officers and community members, as well as successes, challenges, and the way forward.

## **Mission Accomplished: How to Create & Uphold an Awesome Mission Statement**

**– *Neighborhood Bike Works*** Earlier this year, Neighborhood Bike Works and their Youth Council refined their mission statements. This workshop will guide you through a step-by-step process on how to create, edit, and sustain your mission statement(s) regardless of the group type. Included will be educational discussions, fun activities, and group work.

**Project Street Mix-up – *The Bureau of Good Roads*** Fancy being a designer or engineer? This is a hands-on workshop where you'll get to roll up your sleeves and try your hand at creating better streets for biking. We start with a brief lesson about why our streets work the way they do. Then you can try two hands-on design challenges: (1) The Road Diet Plan & (2) The Miniature Traffic Garden. After small-scale design work, you'll get to show off your ideas on our large-scale models (Street Mix-up Kit and Traffic Garden Kit). We'll close with practical stories about how to get involved in building a safer and more accessible world for bicycling. We hope to inspire the next generation of designers, planners and engineers!

**Raising the Roof: Bicycling for Change – *Bike & Build*** This panel will discuss Bike & Build's cross-country and regional cycling trips and their impact on both young adults and affordable housing across the country. Bike & Build alumni will share how completing a trip has impacted their lives as well as hearing the stories of their adventures across the country. This will bring to light how bicycles can be used as a path for social change as well as empowerment.

## **Tour De Circuit Trails: Funding, Planning & Going on Your Own Bike Tour**

**– *Cadence Youth Cycling*** After learning that their Sojourn team's existence was in danger this past year, the Youth Advisory Committee recognized a great responsibility and opportunity. Come learn how they mobilized resources and brought their community together to redesign, fund, launch, and enjoy their 2017 bike tour.

## **Train the Trainer with the Positive Spin Youth Cycling Toolkit – *Bike Pittsburgh***

This workshop will present the Positive Spin toolkit, a resource developed to bring bike safety and mentorship programming to youth, based on the Positive Spin youth cycling program in Pittsburgh. This hands-on workshop will present the four main topic areas crucial to Positive Spin: bike safety, civic engagement, long-distance navigation, and basic mechanics. Instead of a typical presentation format, this workshop guides participants into developing their own short presentations and all will practice training one another with the resources available in the toolkit.

## **Try a Tri: USA Triathlon Youth Programs – *USA Triathlon***

We'll take a look back on the history of triathlon and go into some of the programs and partnerships USA Triathlon offers on the national and regional level. We will talk about some of our new youth grassroots initiatives and how bike programs can tie into USAT.

**Makers Space, Presented by *Tech Shop DC-Arlington & arlington arts*** Make a custom vinyl sticker for your bike frame, craft a balaclava for cool weather cycling and fashion a bicycle tube bow tie! ***\*limit 20 attendees, may only attend once***